

# WELLNESS TECHNOLOGIES

## HBOT (30 minutes)

Access increased levels of oxygen, boosting your health, energy and vitality.

Single Session	R1,000
5 pack (+1 comp)	R5,000
10 pack (+3 comp)	R10,000

## HBOT (60 minutes)

Access increased levels of oxygen, boosting your health, energy and vitality.

Single Session	R2,000
5 pack (+1 comp)	R10,000
10 pack (+3 comp)	R20,000

## CRYOTHERAPY (1-3 minutes)

Speed up recovery, relieve pain and improve athletic performance.

Single Session	R800
5 pack (+1 comp)	R4,000
10 pack (+3 comp)	R8,000

## RED LIGHT THERAPY (20 minutes)

Promote cellular repair, reduce inflammation, and enhance collagen production.

Single Session	R400
5 pack (+1 comp)	R2,000
10 pack (+3 comp)	R4,000

## INFRARED SAUNA (30-45 minutes)

A gentle, radiant energy that penetrates deep into your skin and tissues, promoting a range of health benefits.

Single Session	R600
5 pack (+1 comp)	R3,000
10 pack (+3 comp)	R6,000

## OZONE (20-30 minutes)

A combination therapy of oxygenation and detoxification.

Single Session	R500
5 pack (+1 comp)	R2,500
10 pack (+3 comp)	R5,000

## PEMF (12 minutes)

Enable cells to recover their ability to create energy, function and regenerate.

Single Session	R300
5 pack (+1 comp)	R1,500
10 pack (+3 comp)	R3,000

## COMPRESSION BOOTS (20-30 minutes)

Stimulate circulation and lymphatic flow, encouraging the body to flush out toxins and excess fluids.

Single Session	R300
5 pack (+1 comp)	R1,500
10 pack (+3 comp)	R3,000

## MEDITATION POD (15-30 minutes)

An experience that combines ancient healing practices with modern technology.

Single Session	R300
5 pack (+1 comp)	R1,000
10 pack (+3 comp)	R1,750

# FUNCTIONAL WELLNESS IV DRIPS

## MIND

### MOOD BOOST

Experience relief from everyday stressors and put your mind at ease with body-balancing ingredients

Myers' Cocktail

**R1500 (200ml saline)**

### REVITALIZE

This IV is scientifically formulated to enhance energy levels, help you stay focused and boost your brainpower

Magnesium      Methylated B Complex  
Glutathione      Methylated B12

**R1550 (200ml saline)**

## BODY

### REHYDRATE

A massive dose of electrolytes + fluids sent into your bloodstream to boost your energy and flush out toxins

Sodium chloride (saline)  
Electrolytes

**R395 (1L saline)**

### DETOX

A mega dose of hydration + a vitamin blend - relief from food poisoning, dehydration, jet lag, inflammation

Magnesium      B Complex  
Glutathione      B12

**R1750 (1L saline)**

## ENERGY

### RECHARGE

Increase energy, enhance mood, stimulate the immune system and keep nerve function healthy.

Methylated B12  
Methylated B Complex

**R945 (200ml saline)**

### REBOOT

Boost proper red blood cell formation, neurological function, cell metabolism and DNA synthesis.

Methylated B12      Magnesium  
Methylated B Complex

**R1145 (200ml saline)**

## IMMUNITY

### DEFENCE

Perfect for those who need a quick turnaround or boost to their immune defences

High dose Vitamin C

**R945 (200ml saline)**

### SUPERCHARGE

Helps the body's defences to fight inflammation and infection, great for a depleted immune system & pre-travel

Vitamin C      B Complex      Zinc  
Magnesium      B12

**R1400 (200ml saline)**

## BEAUTY

### GLOW

Reveals glowing, radiant skin while boosting your immune system with the master antioxidant Glutathione

Glutathione  
Vitamin C

**R1095 (200ml saline)**

### ILLUMINATE

Stimulate healthy hair and nails and promote the health of your skin's membrane for an all-natural glow

Glutathione      Zinc  
Vitamin C      B Complex

**R1395 (200ml saline)**

# PHYSICAN FORMULATED, QUALITY IVs.....

## A 30-45 MINUTES NEXT-LEVEL HEALTHY EXPERIENCE

### EXPERIENCE

#### IV LOUNGE

Optimize your health while you relax and escape from the world in the comfort of our custom lounge chairs,

Select from our optional extras...

Compression Boots - massage and loosen stiff muscles and joints

Acupuncture Pads - acupressure petals massage your back and neck, alleviating stress and tension

NuCalm - brain wave therapy to recharge and reboot your brain health

### ADD-ONS

#### PERSONALIZE YOUR DRIP

Our drips are designed to address your personal wellness needs, so you can get ahead of your health before it catches up to you. You can add a selection of optional ingredients to your drip following a consultation with the nurse.

Magnesium (R75)    Zinc (R250)  
B Complex (R150)    Glutathione (R225)  
B12 (R300)

For a more hydrating drip we can use 1L of Saline (R180). This adds 30 mins to the drip time.

### PACKAGES

#### BUNDLE & SAVE

Do you drip on the regular?

Save 20% with a 5 Pack of IV Therapy Drips

Save 30% with a 10 Pack of IV Therapy Drips

**CALL/WHATSAPP | +27 (0)66 448 0238 TO BOOK**  
**10 Kloof Rd, Sea Point, Cape Town**