

EXPAND HEALTH Healing & Recovery

	Single Session	x5 Package (+1 complimentary)	x10 Package (+3 complimentary)
 HBOT (30 minutes) <i>Access increased levels of oxygen, boosting your health, energy and vitality.</i>	1,000	5,000	10,000
 HBOT (60-90 minutes) <i>Access increased levels of oxygen, boosting your health, energy and vitality.</i>	2,000	10,000	20,000
 Cryotherapy <i>Speed up recovery, relieve pain and improve athletic performance.</i>	800	4,000	8,000
 Red Light Therapy <i>Enhanced recovery and inflammation support.</i>	400	2,000	4,000
 Infrared Sauna <i>Support cellular health and longevity.</i>	600	3,000	6,000
 Ozone Sauna <i>A combination therapy of oxygenation and detoxification.</i>	500	2,500	5,000
 PEMF <i>Enable cells to recover their ability to create energy, function and regenerate.</i>	300	1,500	3,000
 Lymphatic Compression Boots <i>Increase the delivery of oxygen and nutrients to specific areas of the body.</i>	300	1,500	3,000
 Somadome Meditation Pod <i>An experience that combines ancient healing practices with modern technology.</i>	300	1,000	1,750